

स्वास्थ्य सेवा, मेडिकल ल्याव टेक्नोलोजी समूह, सहायक चौथो तह, ल्याव असिष्टेण्ट पदको खुला लिखित परीक्षाको पाठ्यक्रम

पाठ्यक्रमको रूपरेखा :- यस पाठ्यक्रमको आधारमा निम्नानुसार दुई चरणमा परीक्षा लिइने छ ।

प्रथम चरण :- लिखित परीक्षापूर्णाङ्क :- ५०

द्वितीय चरण :- अन्तर्वार्ता पूर्णाङ्क :- २०

प्रथम चरण – लिखित परीक्षा योजना (Examination Scheme)

विषय	पूर्णाङ्क	उत्तीर्णाङ्क	परीक्षा प्रणाली	प्रश्न संख्या	समय
सेवा सम्बन्धी	५०	२०	वस्तुगत बहुउत्तर (Multiple Choice)	५०	३० मिनेट

द्वितीय चरण

विषय	पूर्णाङ्क	परीक्षा प्रणाली
व्यक्तिगत अन्तर्वार्ता	२०	मौखिक

- यथासम्भव पाठ्यक्रमको सबै एकाइहरुबाट प्रश्नहरु सोधिनेछ ।
- वस्तुगत बहुउत्तर (Multiple Choice) प्रश्नहरुको उत्तर सही दिएमा प्रत्येक सही उत्तर बापत १ (एक) अङ्क प्रदान गरिनेछ, भने गलत उत्तर दिएमा प्रत्येक गलत उत्तर बापत अङ्क कट्टा गरिने छैन ।
- यस पाठ्यक्रममा जेसुकै लेखिएको भएता पनि पाठ्यक्रममा परेका ऐन, नियमहरु परीक्षाको मिति भन्दा ३ (तीन) महिना अगाडि (संशोधन भएका वा संशोधन भई हटाइएका वा थप गरी संशोधन भई) कायम रहेकालाई यस पाठ्यक्रममा रहेको सम्झनु पर्दछ ।



स्वास्थ्य सेवा, मेडिकल ल्याब टेक्नोलोजी समूह, सहायक चौथो तह, ल्याब असिष्टेण्ट पदको खुला
लिखित परीक्षाको पाठ्यक्रम

A. Microbiology

1. Bacteriology

- 1.1 General knowledge about Bacteriology
- 1.2 Morphology of Bacteria (size, shape)
- 1.3 Differentiation of bacteria (cocci, bacilli)
- 1.4 Sample collection (pus, urine, throat swab, sputum, blood)
- 1.5 Principle of Gram's stain, microscopic identification of Gram +ve and Gram -ve bacteria.
- 1.6 Staining- Use of different dye and its principle, method of preparation.
- 1.7 Mycobacteria- M. tuberculosis/M.leprae, sample collection , staining and recording result.
- 1.8 Preparation of sputum smear
- 1.9 Safety precaution and proper disposal of infected materials.
- 1.10 Culture media-General introduction to different type of culture media.
- 1.11 General introduction to sterilization- by dry heat, moist heat,
- 1.12 Cultural technique of blood, urine, sputum, throat swab.
- 1.13 Use of disinfectants-preparation of disinfectant solution.

2. Parasitology

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- 2.1 Introduction to parasitology,
- 2.2 Terms used in parasitology,
- 2.3 Classification of parasites
- 2.4 Helminthic parasites(Ascaris lumbricoides, Ancylostoma duodenale, Necator Americans, Trichiuris trichiura, Strongyloides stercoralis, Enterobius vermicularis, Taenia solium, Taenia saginata, Hymenolepis nana, life cycle, mode of transmission, laboratory diagnosis, prevention and control measures.
- 2.5 Protozoal parasites(Giardia lamblia, Entamoeba histolytica, Entamoeba coli, Balantidium coli, Trichomonas vaginalis, Trichomonas hominis) - life cycle, mode of transmission, laboratory diagnosis, prevention and control measures.
- 2.6 Difference between of Entamoeba coli & Entamoeba histolytica
- 2.7 Laboratory procedure :
- 2.8 2.8.1 Collection of sample.
- 2.8.2 Preparation of reagents: normal saline solution, Iodine solution, 33% Zinc sulphate sol'n.
- 2.8.3 Stool examination- routine and concentration method, interpretation of results.
- 2.8.4 Occult blood test.
- 2.8.5 Disposal of waste materials

B. Haematology

- 1 Composition of blood, plasma, serum and whole blood.
- 2 Collection of blood sample – finger prick, vein puncture, ear lobe prick.
- 3 Anticoagulants, types of anticoagulants, preparation of Anticoagulant vials.



- 4 Use of instruments – Sahli's haemoglobinometer, haemocytometers, diluting pipettes, Neubaur counting chamber, ESR tubes, importance of bulk dilution, preparation of blood diluting fluid.
- 5 Preparation of thin and thick blood smears.
- 6 Total WBC, RBC and platelet count.
- 7 Sources of error in blood count.
- 8 Differential WBC count.
- 9 ESR estimation (Wintrobe and Westergren method).
- 10 Haemoglobin estimation, preparation of standard curve.
- 11 Preparation of Drabkin's Solution.
- 12 Use of Sahli Haemoglobinometer
- 13 Preparation of N/10 HCL.
- 14 Performance of –BT, CT,
- 15 Staining procedure – Preparation and use of Wright's stain and its principle.
- 16 Blood parasites – Malaria, filaria,
- 17 Perform blood grouping
- 18 Sources of errors in above haematological tests.
- 19 Quality control in haematology.

C. Biochemistry

- 1 Basic chemistry- matter, substance, atom and molecules element, compound.
- 2 Solution- Preparation of normal sol'n,
- 3 Cleaning of glass-ware
- 4 Instrument : Colorimeter, , Centrifuge, Balance, Refrigerator
- 5 Law of colorimetry-Beer's and Lambert's law
- 6 Collection of specimen for biochemical tests
- 7 Estimation of B.glucose preparation of std. curve interpretation of results, source of errors.
- 8 Estimation of Blood Urea ,interpretation of result, source of errors.
- 9 Preparation of reagents for Glucose, Urea,
- 10 Estimation of S.amylase, and calculation of results.
- 11 CSF – Glucose, Protein, Cell count, Gram's stain, AFB stain

D. Miscellaneous

1. Urinalysis

- 1.1 Importance of urine analysis
- 1.2 Collection of specimen
- 1.3 Preservation of urine for routine & culture purpose.
- 1.4 Examination of urinary deposit
- 1.5 Urine albumin test by heat and acetic acid, SSA method & strip.
- 1.6 Urinary glucose test by Benedict's & strip methods.
- 1.7 Preparation of Benedict's reagents.

2. Semen analysis

- 2.1 Volume
- 2.2 Motility
- 2.3 Sperm count



3. Instrumentation

- 3.1 Microscope- use of microscope, parts of microscope, handling of microscope.
- 3.2 Use of incubators, hot air oven, water bath, refrigerator, chemical balance, Colori meter.
- 3.3 Basic knowledge of glass-wares (test tube, flask, measuring cylinder).

4. Immunology

- 4.1 Perform VDR L and HIV tests.
- 4.2 Definition of precipitation, agglutination, flocculation.

5. Quality control in following tests

- 5.1 Gram's stain, AFB microscopy
- 5.2 TC, DC, Hb, ESR
- 5.3 Blood sugar, Blood urea

6. Basic knowledge of Anatomy and Physiology

- 6.1 Digestive system – pancreatic amylase, ptylin
- 6.2 Urinary system – kidney, bladder, ureter



Model Question

1. Gram's stain
 - A) Differentiates all cocci from bacilli
 - B) Differentiates AFB from Non-AFB
 - C) Differentiates all the bacteria into Gram Positive & Gram negative one.
 - D) Bacteria from virus.
2. AFB after Zeihl Neelson stain appears as
 - A) Yellow rod
 - B) Red rod
 - C) Violet rod
 - D) All of above
3. Entamoeba Histolytica causes.
 - A) Amoebic dysentery
 - B) Bacillary dysentery
 - C) Typhoid fever
 - D) Malaria fever
4. Which of the condition is associated with Hook-worm infection
 - A) Polycythaemia
 - B) Iron deficiency anaemia
 - C) Thalassemia
 - D) All of above
5. Total WBC Count means
 - A) Count of white blood cells in 2 μ l of blood
 - B) Count of white blood cells in 1 μ l of blood
 - C) Count of white blood cells in 1 cc of blood
 - D) Count of white blood cells in 0.38 ml of blood
6. Low level of haemoglobin in peripheral blood is called
 - A) Hypohaemoglobinaemia
 - B) Polycythaemoglobinaemia
 - C) Anaemia
 - D) Leukaemia
7. Wright's stain is prepared in
 - A) Ethyl Alcohol
 - B) Acetone free methyl alcohol
 - C) Isopropyl alcohol
 - D) Butyl alcohol
8. Normal value for fasting sugar using O-toluidine method is
 - A) 60-120 mg%
 - B) 80-140 mg%
 - C) 90-160 mg%
 - D) 100-200 mg%
9. Urea is increased in blood indiseases.
 - A) Diabetes
 - B) Renal failure
 - C) Thyroid failure
 - D) Pancreatitis
10. VDRL is
 - A) Uncurable disease
 - B) Protozoal disease



- C) Sexually transmitted disease
- D) Always Reactive in HIV positive patients

11. HIV is caused by
- A) Haemophilus influenza
 - B) Rabies virus
 - C) Human immunodeficiency virus
 - D) Toga virus

12. Which statement is true
- A) Only hot things like tea can be taken inside laboratory
 - B) Any thing can be eaten in laboratory
 - C) Nothing can be eaten, drunk or taken in laboratory
 - D) Only drugs can be eaten in laboratory

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